

**Falcon JH Invitational - Jefferson Area  
Falcon Pride Stadium  
Friday, 04-22-2016, 4:00 PM**

Thank you for participating in the 6<sup>th</sup> annual Junior High Falcon Invitational. There will be 14 teams competing this year at the invitational. If attending, Athletic Directors please go onto the Junior High OHSAA Site and log in. Under pending Invitations, click on track and accept the contract for the meet. You can also print out contract for treasurer.

***Please submit all names of athletes to: [www.baumspage.com](http://www.baumspage.com) (The window will close Wednesday April 20th @ 7:00 PM) If you never used Baumspage, follow the directions on the attached sheet.***

Teams will enter their top two athletes in each event and one relay per team. Semifinals will be run 100 hurdles, 110 hurdles, 100 m, and 200 m. Top eight times will advance to the finals. All relays and distance events will be run as a final. Field events will have 3 throws or jumps.

Entrance fee for the invitational is \$100 per team (\$200 per school). Your place in the meet will be confirmed when payment is received. You can make checks payable to JFAB and send them to

Jefferson Area HS  
Steve Locy, Athletic Director  
207 W. Mulberry St.  
Jefferson, OH 44047

Cost for Spectators Adults \$4.00 and Students \$2.00

On arrival drop off athletes and park buses on the North end of the track by the tennis courts. **Coaches meeting will be at 3:50. Field events will start at 4:00pm, followed by prelims at 4:30pm.**

Top 8 places will be scored as 10-8-6-5-4-3-2-1 while relays will be scored 10-8-6-5-4-3-2-1. Top two teams will receive trophies. Top three places will receive medals and fourth place through 8th place will receive ribbons.

The Falcon Athletic Boosters will have a concession stand open for your enjoyment.

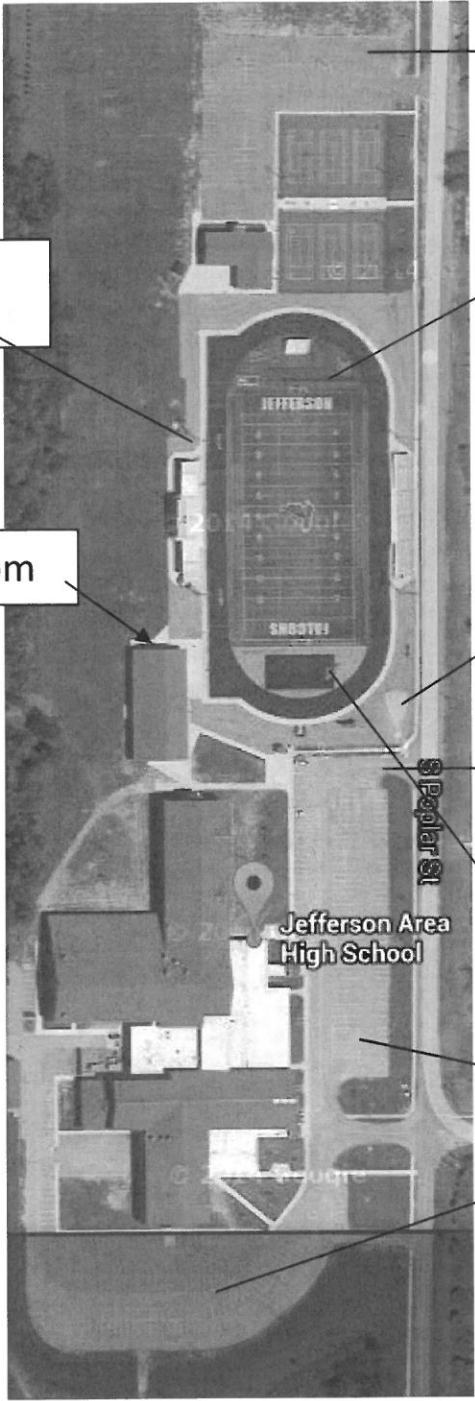
Teams Attending: Grand Valley, West Geauga, Rocky River, Heritage, Kenston, Heskett, Conneaut, Lakeside, Braden, Hubbard, Wickliffe, Madison, and Chagrin Falls.

Reed Activewear will be selling T-shirts and sweatshirts at the meet.

**Reminder: All coaches spectators and athletes must stay off the football field unless you are a participant in the high jump or long jump. Only 1/8 spikes are accepted for completion.**

**OHSAA uniform requirements will be enforced.**

**Spectators are asked to keep the walk way clear in the bleachers. Please remain seated in the stands. Team camps must be set up on the east side of the stadium. (Visitors side)**



Bus Parking

Discus

Long Jump

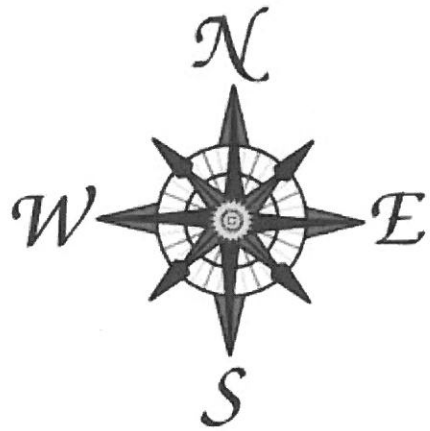
Restroom

Shot Put

Athlete Drop off area.

High Jump

Spectator Parking



## Starts and Exchange Zones

1600:

Green line start  
One turn stagger into lane one

4 x 100 :

Batons  
Lanes  
White line start  
Yellow to yellow exchange zones

4 x 200 :

Batons  
Lanes  
Red line start  
1 to 2-red to red exchange zones  
2 to 3 and 3 to 4 Yellow to yellow exchange zones

800:

Green line start  
Two turn stagger into lane one

4 x 400:

Batons  
Lanes  
Blue Line Start  
1<sup>st</sup> exchange-blue to blue with one turn and cut-line  
Blue to blue California exchange for 2<sup>nd</sup> and 3<sup>rd</sup>  
Exchange

Boys HJ:

Start 4' 2" up by 2" until 4' 6" then by 1"

Girls HJ:

Start 3' 8" up by 2" until 4' then by 1"

Long Jump:

3 Jumps  
Open pit for both boys and girls from 4:15 p.m. until 5:15 p.m.

Shot/Disc:

3 Throws (2-1 format)